

Immune Support Supplemental Protocol

Supplements

Company	Name / code	£*	Dosage
Nutri Advanced	Vitamin D3 Drops 1000 30ml	11.50	10 drops x1 per day for 1week then reduce to 5 drops
Archurus	Vitamin C capsules with bioflavanoids 180s / Arc-HO745V	29.15	4 capsules every 3 hours when needed
Pure Encapsulations	Calcium Magnesium (Citrate Malate) 180's	30.25	6 capsules x2 a day
Epigenar	Vitamin A & E Drops 25 ml	17.59	4 drops x3 times a day
Allergy Research	Zinc Citrate, 25mg 60's	6.44	1 a day
Cytoplan	R-Omega 500mg 60's / CY-9310	36.7	Start with 4 capsules daily. Build it up gradually to 12 (with food).

* As stated on natural dispensary or nutri-link website

If you order the supplements from: Natural Dispensary you can get a 10% discount.

- On phone orders give my name and the code: ATZ010.

- If you order via website, you will firstly need to complete the online registration form, putting my name as the name of the practitioner who referred you. Once through to checkout, you will need to enter the password: ATZ010 into the promo code box and click apply to see the discount of 10% appear.

If you order the supplements from: Nutri-Link you can also get a 10% discount.